

# $K$ -spectral sets and intersections of disks of the Riemann sphere

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## Abstract

We prove that if two closed disks  $X_1$  and  $X_2$  of the Riemann sphere are spectral sets for a bounded linear operator  $A$  on a Hilbert space, then  $X_1 \cap X_2$  is a complete  $(2 + 2/\sqrt{3})$ -spectral set for  $A$ . When the intersection  $X_1 \cap X_2$  is an annulus, this result gives a positive answer to a question of A.L. Shields (1974).

## 1 Introduction and the statement of the main results.

Let  $X$  be a closed set in the complex plane and let  $R(X)$  denote the algebra of bounded rational functions on  $X$ , viewed as a subalgebra of  $C(\partial X)$  with the supremum norm

$$\|f\|_X = \sup\{|f(x)| : x \in X\} = \sup\{|f(x)| : x \in \partial X\}.$$

Here  $\partial X$  denotes the boundary of the set  $X$ .

### 1.1 Spectral and complete spectral sets.

Let  $A \in \mathcal{L}(H)$  be a bounded linear operator acting on a complex Hilbert space  $H$ . For a fixed constant  $K > 0$ , the set  $X$  is said to be a  $K$ -spectral set for  $A$  if the spectrum  $\sigma(A)$  of  $A$  is included in  $X$  and the inequality  $\|f(A)\| \leq K\|f\|_X$  holds for every  $f \in R(X)$ . Notice that, for a rational function  $f = p/q \in R(X)$ , the poles of  $f$  are outside of  $X$ , and the operator  $f(A)$  is naturally defined as  $f(A) = p(A)q(A)^{-1}$  or, equivalently, by the Riesz holomorphic functional calculus. The set  $X$  is a *spectral* set for  $A$  if it is a  $K$ -spectral set with  $K = 1$ . Thus  $X$  is spectral for  $A$  if and only if  $\|\rho\| \leq 1$ , where  $\rho : R(X) \mapsto \mathcal{L}(H)$  is the homomorphism given by  $\rho(f) = f(A)$ .

We let  $M_n(R(X))$  denote the algebra of  $n$  by  $n$  matrices with entries from  $R(X)$ . If we let the  $n$  by  $n$  matrices have the operator norm that they inherit as linear transformations on the  $n$ -dimensional Hilbert space  $\mathbb{C}^n$ , then we can endow  $M_n(R(X))$  with the norm

$$\|(f_{ij})\|_X = \sup\{\|(f_{ij}(x))\| : x \in X\} = \sup\{\|(f_{ij}(x))\| : x \in \partial X\}.$$

In a similar fashion we endow  $M_n(\mathcal{L}(H))$  with the norm it inherits by regarding an element  $(A_{ij})$  in  $M_n(\mathcal{L}(H))$  as an operator acting on the direct sum of  $n$  copies of  $H$ . For a fixed constant  $K > 0$ , the set  $X$  is said to be a *complete  $K$ -spectral* set for  $A$  if  $\sigma(A) \subset X$  and the inequality  $\|(f_{ij}(A))\| \leq K\|(f_{ij})\|_X$  holds for every matrix  $(f_{ij}) \in M_n(R(X))$  and every  $n$ . In terms of the complete bounded norm ([14]) of the homomorphism  $\rho$ , this means that  $\|\rho\|_{cb} \leq K$ . A *complete spectral* set is a complete  $K$ -spectral set with  $K = 1$ .

Spectral sets were introduced and studied by J. von Neumann [12] in 1951. In the same paper von Neumann proved that a closed disk  $\{z \in \mathbb{C} : |z - \alpha| \leq r\}$  is a spectral set for  $A$  if and only if  $\|A - \alpha I\| \leq r$ . Also [12], the closed set  $\{z \in \mathbb{C} : |z - \alpha| \geq r\}$  is spectral for  $A \in \mathcal{L}(H)$  if and only if  $\|(A - \alpha I)^{-1}\| \leq r^{-1}$ . We refer to two books [4, 14] for a survey of known properties of spectral and complete spectral sets.

## 1.2 The annulus as a $K$ -spectral set

Let  $r$  and  $R$  be two positive constants with  $r < R$ . Let  $A \in \mathcal{L}(H)$  be an invertible operator such that  $\|A\| \leq R$  and  $\|A^{-1}\| \leq 1/r$ . Then  $X_1 = \{z \in \mathbb{C} : |z| \leq R\}$  and  $X_2 = \{z \in \mathbb{C} : |z| \geq r\}$  are spectral sets for  $A$ . The annulus

$$X(r, R) = \{z \in \mathbb{C} : r \leq |z| \leq R\} = X_1 \cap X_2$$

is not necessarily spectral for a given invertible operator  $A$ . Examples can be found in [21, 11, 13]. Given an invertible operator  $A$  with  $\|A\| \leq R$  and  $\|A^{-1}\| \leq 1/r$ , Shields proved in [17] that  $X(r, R)$  is a  $K$ -spectral set for  $A$  with  $K = 2 + ((R+r)/(R-r))^{1/2}$ . The following questions were asked by Shields (see [17, Question 7]):

*Question 1.1.* Find the best constant  $K(r, R)$ , i.e., the smallest constant  $C$  such that  $X(r, R)$  is a  $C$ -spectral set for all invertible  $A \in \mathcal{L}(H)$  with  $\|A\| \leq R$  and  $\|A^{-1}\| \leq r^{-1}$ .

*Question 1.2.* Fixing (for instance)  $R$ , is this best constant bounded (as a function of  $r$ ) ?

In analogy with Question 1.1, we will denote by  $K_{cb}(r, R)$  the smallest constant  $C$  such that  $X(r, R)$  is a complete  $C$ -spectral set. The same proof of Shields (see also [7, 14]) shows that in fact  $K_{cb}(r, R) \leq 2 + ((R+r)/(R-r))^{1/2}$ .

## 1.3 Statement of the main results.

The aim of the present note is to study the intersection of two closed disks of the Riemann sphere which are spectral sets for a Hilbert space bounded linear operator. In the case of the annulus we give an estimate for  $K(r, R)$  (a partial answer to Question 1.1) which allows to give a positive answer to Question 1.2.

We describe now the main results of this paper. By possibly multiplying the operator by a scalar, we see that  $K(r, R) = K(\sqrt{r/R}, \sqrt{R/r})$ . This allows to assume, without any loss of generality, that  $r = R^{-1}$ . We have the following result.

**Theorem 1.3.** *Let  $R > 1$ ,  $X = X(R^{-1}, R) = \{z \in \mathbb{C} : R^{-1} \leq |z| \leq R\}$ , and denote by  $K(R) = K(R^{-1}, R)$  (and  $K_{cb}(R) = K_{cb}(R^{-1}, R)$ , respectively), the smallest constant  $C$  such that  $X$  is a  $C$ -spectral set (and a complete  $C$ -spectral set, respectively) for any invertible  $A \in \mathcal{L}(H)$  verifying  $\|A\| \leq R$  and  $\|A^{-1}\| \leq R$ . Then*

$$\begin{aligned} \frac{2}{1+R^{-2}} &< K(R) \leq K_{cb}(R) \\ &\leq 2 + \min \left( \sqrt{\frac{R^2+2R+1}{R^2+R+1}}, \sqrt{\frac{R^2+1}{R^2-1}} \right) \leq 2 + \frac{2}{\sqrt{3}} < 3.2. \end{aligned}$$

In particular  $K(R)$  and  $K_{cb}(R)$  are bounded functions of  $R$ . We obtain the following consequence about normal dilations.

**Corollary 1.4.** *Let  $R > 1$ . Let  $A \in \mathcal{L}(H)$  be an invertible operator verifying  $\|A\| \leq R$  and  $\|A^{-1}\| \leq R$ . Let  $X = \{z \in \mathbb{C} : R^{-1} \leq |z| \leq R\}$ . Then there exist an invertible operator  $L \in \mathcal{L}(H)$  with  $\|L\| \cdot \|L^{-1}\| \leq 2 + 2/\sqrt{3}$ , a larger Hilbert space  $\mathcal{H} \supset H$  and an invertible normal operator  $N \in \mathcal{L}(\mathcal{H})$  with  $\sigma(N) \subset \partial X$  such that*

$$L^{-1}f(A)L = P_H f(N)|_H \quad (f \in R(X)).$$

Here  $P_H$  is the orthogonal projection of  $\mathcal{H}$  onto  $H$ .

Besides the annulus, (complete)  $K$ -spectral sets which are intersections of spectral disks of the complex plane have been considered in [19, 20, 10, 5, 3] ; we refer to [3] for a discussion of the best possible constant  $K$ . In the second part of our paper we consider the more general case of intersection of two closed disks  $X_1$  and  $X_2$  of the Riemann sphere. We prove the following result.

**Theorem 1.5.** *Let  $X_1$  and  $X_2$  be two closed disks of the Riemann sphere. If  $X_1$  and  $X_2$  are spectral sets for a bounded operator  $A$  in a Hilbert space, then  $X_1 \cap X_2$  is a complete  $(2 + 2/\sqrt{3})$ -spectral set for  $A$ .*

This theorem extends previously known results concerning the intersection of two disks in  $\mathbb{C}$  to not necessarily convex or simply connected  $X_1 \cap X_2$ . Note that the case of finitely connected compact sets has been studied in [7, 14], however, without a uniform control on the constant  $K$ .

Note also that, if we consider two distinct convex and closed subsets  $X_1$  and  $X_2$  of the complex plane, and if we assume that  $X_1$  and  $X_2$  are spectral sets for  $A$ , then  $X_1 \cap X_2$  is a complete 11.08-spectral set for  $A$ . Indeed, the fact that  $X_j$  is a spectral set for  $A$  implies that the numerical range  $W(A) = \{\langle Ax, x \rangle : \|x\| = 1\}$  is included in  $X_j$ ,  $j = 1, 2$ , and according to [6] the closure of the numerical range  $W(A)$  is a complete 11.08-spectral set for  $A$ .

We refer also to [15, 2, 6] for some normal dilation results for the numerical range, in the spirit of Corollary 1.4.

The remainder of the paper is organized as follows: we first show in §2 that Theorem 1.3 together with some results from [5, 3] implies Theorem 1.5. Our proof of Theorem 1.3 is based on a representation formula for  $f(A)$  established in §3. Finally, the proofs of Theorem 1.3 and Corollary 1.4 are provided in §4.

## 2 Proof of Theorem 1.5 using Theorem 1.3

Let  $X_1$  and  $X_2$  be two closed disks of the Riemann sphere, which are spectral sets for a bounded linear operator  $A$  in a Hilbert space. Here six different situations have to be considered, see Figure 1.

**Case 1:**  $X_1 \cap X_2 = \{\lambda\}$  is a singleton. Then we have  $A = \lambda I$  and  $X_1 \cap X_2$  clearly is a complete spectral set for  $A$ .

**Case 2:**  $X_1 \cap X_2$  is a circle or a straight line. Then  $A$  is a normal operator with spectrum  $\sigma(A)$  contained in  $X_1 \cap X_2$ . This yields that  $X_1 \cap X_2$  is a complete spectral set for  $A$ .

**Case 3:**  $X_1 \cap X_2$  is a convex sector or a strip of the complex plane. In this case, both  $X_1$  and  $X_2$  are half-planes, and a closed half-plane  $\Pi$  is a spectral set for  $A$  if and only if the numerical range  $W(A)$  is a subset of  $\Pi$ . Thus  $W(A) \subset X_1 \cap X_2$ . It follows from [5] that  $X_1 \cap X_2$  is a complete  $K$ -spectral set, with  $K \leq 2 + 2/\sqrt{3}$ .

**Case 4:**  $\partial X_1 \cap \partial X_2 = \{\lambda_1, \lambda_2\}$  is a set consisting of two distinct points of  $\mathbb{C}$ . Here  $X_1 \cap X_2$  is lens-shaped. If it is in addition convex, then from [3] we know that  $X_1 \cap X_2$  is a complete  $K$ -spectral set, with  $K \leq 2 + 2/\sqrt{3}$ . The proof for not convex lenses is the same, we repeat here the main idea for the sake of completeness. Let us first assume that  $\lambda_1 \notin \sigma(A)$  and set  $B = \varphi(A)$  with  $\varphi(z) = (\lambda_1 - z)^{-1}$  and  $Y_j = \varphi(X_j)$ ,  $j = 1, 2$ . Then both  $Y_j$  are closed half-planes. The von Neumann inequality for disks shows that  $Y_j$  are spectral sets for  $B$ , see also [16, § 154, Lemma 2]. It follows from the previous case that  $Y_1 \cap Y_2$  is a complete  $K$ -spectral set for  $B$  and thus  $X_1 \cap X_2$  is a complete  $K$ -spectral set for  $A$ , with the same constant  $K$ . Finally, if  $\lambda_1 \in \sigma(A)$ , we can replace the disk  $X_1$  of the Riemann sphere, of radius  $R_1$ , by a concentric disk  $X'_1 \supset X_1$ , of radius  $R_1 \pm \varepsilon$ . Then, for  $\varepsilon > 0$  small enough,  $\partial X'_1 \cap \partial X_2 = \{\lambda'_1, \lambda'_2\}$  is still a set with two distinct points of  $\mathbb{C}$ , the set  $X'_1$  is a spectral set for  $A$  and  $\lambda'_1 \notin \sigma(A)$ . We conclude that  $X_1 \cap X_2$  is a complete  $K$ -spectral set for  $A$  by letting  $\varepsilon \rightarrow 0$ .

**Case 5:**  $\partial X_1 \cap \partial X_2 = \emptyset$ , but  $X_1 \cap X_2$  is not a strip. For the special case  $X_1 \cap X_2 = \{z \in \mathbb{C}; R^{-1} \leq |z| \leq R\}$ ,  $R > 1$ , Theorem 1.3 implies that  $X_1 \cap X_2$  is a complete  $(2 + 2/\sqrt{3})$ -spectral set for  $A$ . In the general case, we may find  $R > 1$  and a linear fractional transformation  $\varphi$  such that  $\varphi(X_1) = \{z \in \mathbb{C}; |z| \leq R\}$  and  $\varphi(X_2) = \{z \in \mathbb{C}; |z| \geq R^{-1}\}$ . Then, setting  $B = \varphi(A)$  and

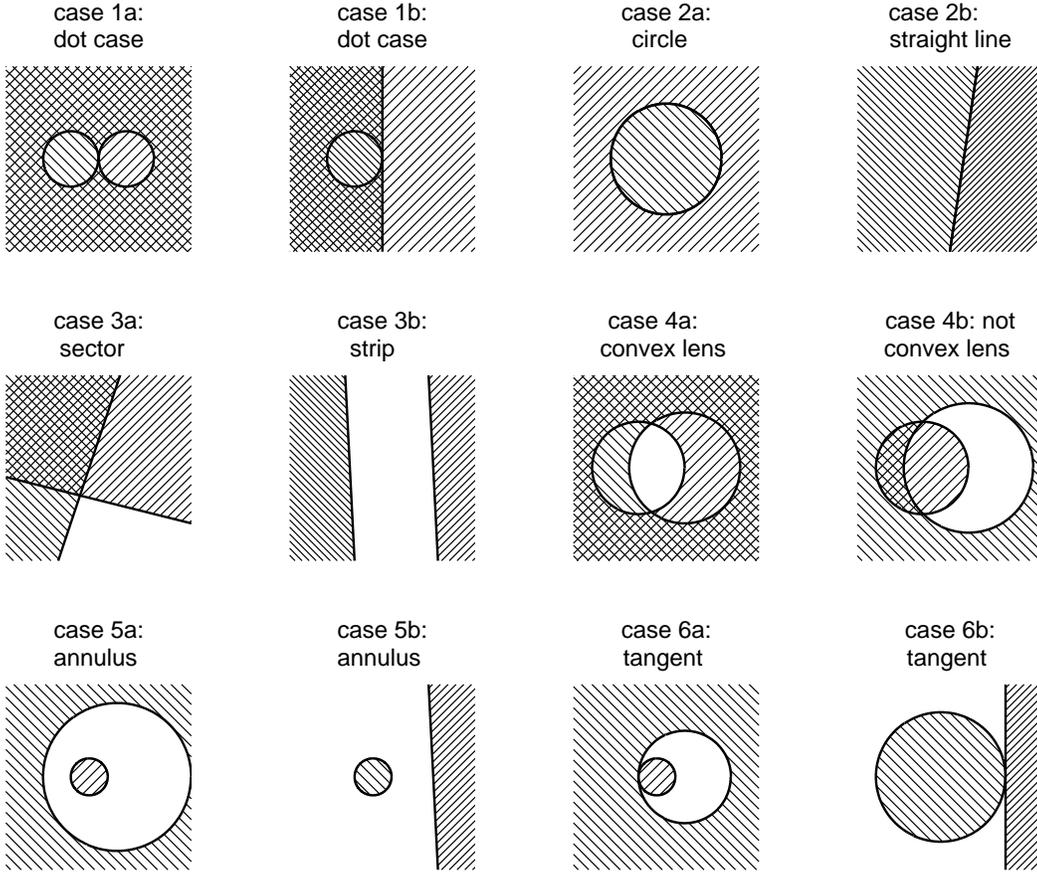


Figure 1: The six different cases occurring by considering intersections of closed disks on the Riemann sphere.

$Y_j = \varphi(X_j)$ ,  $j = 1, 2$ , we have that  $Y_j$  is a spectral set for  $B$ , see also [16, § 154, Lemma 2]. Thus  $\{z \in \mathbb{C}; R^{-1} \leq |z| \leq R\} = \varphi(X_1 \cap X_2)$  is a complete  $(2 + 2/\sqrt{3})$ -spectral set for  $B$ , which is equivalent to  $X_1 \cap X_2$  is a complete  $(2 + 2/\sqrt{3})$ -spectral set for  $A$ .

**Case 6:**  $\partial X_1 \cap \partial X_2 = \{\lambda\}$  is reduced to a single point, but  $X_1 \cap X_2$  is neither a singleton, nor a sector nor a strip. In this case at least one of the sets  $X_j$ ,  $j = 1, 2$ , is the interior or the exterior of a disk and the boundaries of the sets  $X_j$  are tangent in one point. We can replace the disk, say  $X_1$ , of radius  $R_1$ , by a concentric disk  $X'_1 \supset X_1$ , of radius  $R_1 \pm \varepsilon$ . Then, for  $\varepsilon > 0$  small enough,  $\partial X'_1 \cap \partial X_2 = \emptyset$ , and we obtain from the previous case that  $X_1 \cap X_2$  is a complete  $K$ -spectral set for  $A$  by letting  $\varepsilon \rightarrow 0$ .

### 3 A decomposition lemma for annuli

In order to give a proof of the upper bound of Theorem 1.3 we need the following representation formula for  $f(A)$ .

**Lemma 3.1.** *Let  $A \in \mathcal{L}(H)$  be an operator satisfying  $\|A\| < R$  and  $\|A^{-1}\| < R$ . We set  $r = 1/R$  and denote by  $X$  the annulus  $X = X(R^{-1}, R) = \{z \in \mathbb{C}; r \leq |z| \leq R\}$ . For any bounded rational function  $f$  on  $X$ , we have the representation formula*

$$f(A) = \int_0^{2\pi} f(Re^{i\theta}) \mu(\theta, A) d\theta + \int_0^{2\pi} f(re^{i\theta}) \mu(-\theta, A^{-1}) d\theta + \int_0^{2\pi} f(e^{i\theta}) M(\theta, A^*)^{-1} d\theta,$$

where

$$\begin{aligned}\mu(\theta, A) &= \frac{1}{4\pi} \left( (1+e^{-i\theta}rA)(1-e^{-i\theta}rA)^{-1} + (1+e^{i\theta}rA^*)(1-e^{i\theta}rA^*)^{-1} \right), \quad \text{and} \\ M(\theta, A^*) &= \frac{2\pi}{R^2 - r^2} (R^2 + r^2 - (e^{i\theta}A^*)^{-1} - e^{i\theta}A^*).\end{aligned}$$

*Proof.* We get from the Cauchy formula

$$f(A) = \frac{1}{2\pi i} \int_{\partial X} f(\sigma) ((\sigma - A)^{-1} d\sigma - (\bar{\sigma} - A^*)^{-1} d\bar{\sigma}) + \frac{1}{2\pi i} \int_{\partial X} f(\sigma) (\bar{\sigma} - A^*)^{-1} d\bar{\sigma} = F_1 + F_2.$$

Let us set  $\Gamma_\rho = \{\rho e^{i\theta}; \theta \in [0, 2\pi]\}$ . The part  $\Gamma_R$  of  $\partial X$  is counterclockwise oriented and, with  $\sigma = Re^{i\theta}$ , we have

$$\begin{aligned}\frac{1}{2\pi i} ((\sigma - A)^{-1} d\sigma - (\bar{\sigma} - A^*)^{-1} d\bar{\sigma}) &= \frac{1}{2\pi} ((Re^{i\theta} - A)^{-1} Re^{i\theta} + (Re^{-i\theta} - A^*)^{-1} Re^{-i\theta}) d\theta \\ &= \frac{1}{2\pi} ((1 - e^{-i\theta}rA)^{-1} + (1 - e^{i\theta}rA^*)^{-1}) d\theta \\ &= \frac{1}{2\pi} d\theta + \mu(\theta, A) d\theta.\end{aligned}$$

The other component  $\Gamma_r$  is clockwise oriented and, with  $\sigma = re^{i\theta}$ , we have

$$\begin{aligned}\frac{1}{2\pi i} ((\sigma - A)^{-1} d\sigma - (\bar{\sigma} - A^*)^{-1} d\bar{\sigma}) &= \frac{1}{2\pi} ((re^{i\theta} - A)^{-1} re^{i\theta} + (re^{-i\theta} - A^*)^{-1} re^{-i\theta}) d\theta \\ &= \frac{1}{2\pi} d\theta - \mu(-\theta, A^{-1}) d\theta.\end{aligned}$$

Noticing that  $\int_0^{2\pi} f(Re^{i\theta}) d\theta = \int_0^{2\pi} f(re^{i\theta}) d\theta$ , we obtain that

$$F_1 = \int_0^{2\pi} f(Re^{i\theta}) \mu(\theta, A) d\theta + \int_0^{2\pi} f(re^{i\theta}) \mu(-\theta, A^{-1}) d\theta.$$

We consider now the second term  $F_2$ . On the component  $\Gamma_R$  we have  $\bar{\sigma} = R^2/\sigma$ , and thus

$$\begin{aligned}\frac{1}{2\pi i} \int_{\Gamma_R} f(\sigma) (\bar{\sigma} - A^*)^{-1} d\bar{\sigma} &= -\frac{1}{2\pi i} \int_{\Gamma_R} f(\sigma) (R^2 - \sigma A^*)^{-1} \frac{R^2}{\sigma} d\sigma \\ &= -\frac{1}{2\pi i} \int_{\Gamma_1} f(\sigma) (R^2 - \sigma A^*)^{-1} \frac{R^2}{\sigma} d\sigma.\end{aligned}$$

Indeed, the last integrand is holomorphic in  $\sigma$ . Hence we can replace the integration path  $\Gamma_R$  by  $\Gamma_1$  (counterclockwise oriented). We similarly have for the second component

$$\frac{1}{2\pi i} \int_{\Gamma_r} f(\sigma) (\bar{\sigma} - A^*)^{-1} d\bar{\sigma} = \frac{1}{2\pi i} \int_{\Gamma_1} f(\sigma) (r^2 - \sigma A^*)^{-1} \frac{r^2}{\sigma} d\sigma$$

by taking into account the opposite orientation of  $\Gamma_r$ . Therefore

$$\begin{aligned}F_2 &= \frac{1}{2\pi i} \int_{\Gamma_1} f(\sigma) ((r^2 - \sigma A^*)^{-1} \frac{r^2}{\sigma} - (R^2 - \sigma A^*)^{-1} \frac{R^2}{\sigma}) d\sigma \\ &= \int_0^{2\pi} f(e^{i\theta}) M(\theta, A^*)^{-1} d\theta,\end{aligned}$$

which completes the proof of the lemma. □

## 4 The complete bound in an annulus

We keep the notation from the previous section. The following lemma shows that  $\operatorname{Re} M(\theta, A^*)$  is a positive operator.

**Lemma 4.1.** *Assume that  $\|A\| < R$  and  $\|A^{-1}\| < R$ . Let  $r = R^{-1}$ . Then we have the lower bound*

$$\operatorname{Re} M(\theta, A^*) \geq N(\theta) := \frac{2\pi}{R^2 - r^2} \left( (R^2 + r^2 - R - r) + \frac{R + r + 2}{4} (2 - e^{i\theta} U^* - e^{-i\theta} U) \right),$$

where  $U$  denotes the unitary operator such that  $A = UG$ , with  $G$  self-adjoint positive definite. Also,  $N(\theta)$  is a positive invertible operator.

*Proof.* We have

$$\begin{aligned} \frac{R^2 - r^2}{2\pi} \operatorname{Re} M(\theta, A^*) &= R^2 + r^2 - \operatorname{Re}((e^{-i\theta} A)^{-1} + e^{i\theta} A^*) \\ &= R^2 + r^2 - \operatorname{Re}(e^{i\theta}(G^{-1} + G)U^*) \\ &= R^2 + r^2 - \frac{R+r+2}{2} \operatorname{Re}(e^{i\theta}U^*) - \operatorname{Re}(e^{i\theta}(G^{-1} + G - \frac{R+r+2}{2})U^*) \end{aligned}$$

We note that the assumptions  $\|A\| \leq R$  and  $\|A^{-1}\| \leq R$  are equivalent to  $\|G\| \leq R$  and  $\|G^{-1}\| \leq R$ . Since  $G$  is self-adjoint, this means that  $r \leq G \leq R$ , and hence

$$\|G^{-1} + G - \frac{R+r+2}{2}\| \leq \sup_{r \leq x \leq R} |x^{-1} + x - \frac{R+r+2}{2}| = \frac{R+r-2}{2}.$$

It follows that

$$\begin{aligned} \frac{R^2 - r^2}{2\pi} \operatorname{Re} M(\theta, A^*) &\geq R^2 + r^2 - \frac{R+r+2}{2} \operatorname{Re}(e^{i\theta}U^*) - \frac{R+r-2}{2} \\ &= R^2 + r^2 - R - r + \frac{R+r+2}{2} \operatorname{Re}(1 - e^{i\theta}U^*), \end{aligned}$$

which completes the proof of the lemma.  $\square$

*Proof of the upper bound of Theorem 1.3.* We can suppose that  $\|A\| < R$  and  $\|A^{-1}\| < R$ . Using the notation of Lemma 3.1, it follows from the condition  $\|A\| < R$  that  $\mu(\theta, A) \geq 0$  for all  $\theta \in \mathbb{R}$ . Therefore we have

$$\left\| \int_0^{2\pi} f(Re^{i\theta}) \mu(\theta, A) d\theta \right\| \leq \left\| \int_0^{2\pi} \mu(\theta, A) d\theta \right\| \|f\|_X = \|f\|_X.$$

Here we have used that  $\int_0^{2\pi} \mu(\theta, A) d\theta = 1$ , which follows from the residue formula. Similarly we have  $\mu(-\theta, A^{-1}) \geq 0$  and we get the estimate

$$\left\| \int_0^{2\pi} f(re^{i\theta}) \mu(-\theta, A^{-1}) d\theta \right\| \leq \|f\|_X.$$

Using Lemma 3.1 and the positivity of  $\operatorname{Re} M(\theta, A^*)$  for all  $\theta \in \mathbb{R}$  (Lemma 4.1) we obtain the estimate

$$\|f(A)\| \leq K \|f\|_X, \quad \text{with} \quad K = 2 + \left\| \int_0^{2\pi} (\operatorname{Re} M(\theta, A^*))^{-1} d\theta \right\|.$$

Let  $\rho : R(X) \mapsto \mathcal{L}(H)$  be the homomorphism given by  $\rho(f) = f(A)$ . Therefore the norm of  $\rho$  is bounded by  $K$ . Furthermore, since we only have used arguments based on positivity of operators, it is easily seen that the complete bounded norm  $\|\rho\|_{cb}$  is also bounded by  $K$ .

Taking into account the bound of Shields [17], for establishing the upper bound of Theorem 1.3 it suffices now to show that

$$\left\| \int_0^{2\pi} (\operatorname{Re} M(\theta, A^*))^{-1} d\theta \right\| \leq \sqrt{\frac{R^2 + 2R + 1}{R^2 + R + 1}} \leq \frac{2}{\sqrt{3}}. \quad (1)$$

Consider the function

$$J(z) := \frac{R^2 - r^2}{2\pi} \int_0^{2\pi} \left( (R^2 + r^2 - R - r) + \frac{R + r + 2}{4} (2 - e^{i\theta} z^{-1} - e^{-i\theta} z) \right)^{-1} d\theta.$$

Since  $U$  is a unitary operator, it follows from Lemma 4.1 that

$$\left\| \int_0^{2\pi} (\operatorname{Re} M(\theta, A^*))^{-1} d\theta \right\| \leq \left\| \int_0^{2\pi} (N(\theta))^{-1} d\theta \right\| = \|J(U)\| = \sup \left\{ |J(e^{i\phi})| : e^{i\phi} \in \sigma(U) \right\}.$$

On the other hand, we have

$$\begin{aligned} J(e^{i\varphi}) &= \frac{R^2 - r^2}{2\pi} \int_0^{2\pi} \frac{1}{(R^2 + r^2 - R - r) + \frac{R+r+2}{4}(2 - 2\cos(\theta - \varphi))} d\theta \\ &= \frac{R^2 - r^2}{2\pi} \int_{-\infty}^{\infty} \frac{2}{(R^2 + r^2 - R - r)(1 + s^2) + (R + r + 2)s^2} ds \\ &= \frac{R^2 - r^2}{2\pi} \int_{-\infty}^{\infty} \frac{2}{(R^2 + r^2 - R - r) + (R^2 + r^2 + 2)s^2} ds \\ &= \sqrt{\frac{R^2 + 2R + 1}{R^2 + R + 1}} = \sqrt{\frac{1}{1 - \frac{1}{(\sqrt{R+1}/\sqrt{R})^2}}} \leq \frac{2}{\sqrt{3}}, \end{aligned}$$

which implies (1). This gives a proof of the upper bound of Theorem 1.3 for  $K_{cb}(R)$ .  $\square$

*Proof of the lower bound of Theorem 1.3.* For  $t \in \mathbb{C}$ , let  $A(t) = \begin{pmatrix} 1 & t \\ 0 & 1 \end{pmatrix}$  with inverse  $A(t)^{-1} = \begin{pmatrix} 1 & -t \\ 0 & 1 \end{pmatrix}$  acting on the Hilbert space  $\mathbb{C}^2$ . For  $t_0 = R - R^{-1}$  we have  $\|A(t_0)\| = \|A(t_0)^{-1}\| = R$  (compare with [14, p. 152]). We will make use of the following result from geometric function theory about the infinitesimal Carathéodory metric: it is shown by Simha in [18, Example (5.3)] that

$$\sup \left\{ \frac{|f'(1)|}{\|f\|_X} : f \text{ analytic in } X \text{ and } f(1) = 0 \right\} = \frac{2}{R} \prod_{n=1}^{\infty} \left( \frac{1 - R^{-8n}}{1 - R^{4-8n}} \right)^2,$$

with the supremum being attained for some function  $f_0$  analytic in  $X$ , with  $\|f_0\|_X = 1$  and  $f_0(1) = 0$ . Therefore

$$K(R) \geq \frac{1}{\|f_0\|_X} \|f_0(A(t_0))\| = \left\| \begin{pmatrix} f_0(1) & t_0 f_0'(1) \\ 0 & f_0(1) \end{pmatrix} \right\| = t_0 |f_0'(1)| = \gamma(R)$$

with

$$\begin{aligned} \gamma(R) &:= 2(1 - R^{-2}) \prod_{n=1}^{\infty} \left( \frac{1 - R^{-8n}}{1 - R^{4-8n}} \right)^2 = \frac{2}{1 + R^{-2}} \prod_{n=1}^{\infty} \frac{(R^{4n} - R^{-4n})^2}{(R^{4n} - R^{4-4n})(R^{4n} - R^{-4-4n})} \\ &= \frac{2}{1 + R^{-2}} \prod_{n=1}^{\infty} \left( 1 - \frac{(R^2 - R^{-2})^2}{(R^{4n} - R^{-4n})^2} \right)^{-1}. \end{aligned}$$

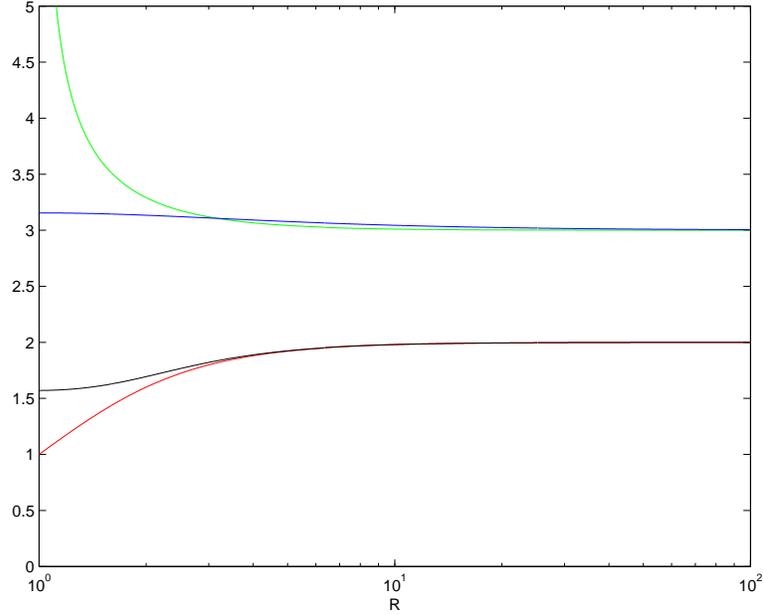


Figure 2: The two upper bounds and the lower bound for  $K(R)$  from Theorem 1.3, and the lower bound  $\gamma(R)$  from the proof of Theorem 1.3.

This yields the estimate

$$K(R) > \frac{2}{1 + R^{-2}}, \quad (2)$$

as claimed in Theorem 1.3. It remains to justify why we are allowed to take for a lower bound of  $K(R)$  the function  $f_0$  which is not a rational function. Indeed, by using instead of  $f_0$  partial sums of the Laurent expansion of an extremal function for the infinitesimal Carathéodory metric on the annulus  $1/R' < |z| < R'$  for some  $R' > R$  we obtain the same conclusion after taking the limit  $R' \rightarrow R$ .  $\square$

*Remark 4.2.* The final estimate (2) of the preceding proof is not very sharp for  $R$  close to one (see Figure 2), and  $\gamma(R)$  is a sharper but less readable lower bound for  $K(R)$ . For instance, for  $R \rightarrow 1$  the lower bound  $2/(1 + R^{-2})$  of Theorem 1.3 tends to 1 but

$$\lim_{R \rightarrow 1} \gamma(R) = \lim_{R \rightarrow 1} \prod_{n=1}^{\infty} \left(1 - \frac{(R^2 - R^{-2})^2}{(R^{4n} - R^{-4n})^2}\right)^{-1} = \prod_{n=1}^{\infty} \left(1 - \frac{1}{4n^2}\right)^{-1} = \frac{\pi}{2}.$$

In contrast, for our fixed matrix  $A(t_0)$ , it follows from [9, Theorem 1] and [18] that the function  $f_0$  is extremal within the class of functions analytic in  $X$ .

*Proof of Corollary 1.4.* We use the terminology of Paulsen's book [14]. Let  $\rho : R(X) \mapsto \mathcal{L}(H)$  be the homomorphism given by  $\rho(f) = f(A)$ . Theorem 1.3 implies that the complete bounded norm  $\|\rho\|_{cb}$  of  $\rho$  is bounded by  $2 + 2/\sqrt{3}$ . Using a theorem of Paulsen [14, Theorem 9.1], there exists an invertible operator  $L$  with  $\|L\| \cdot \|L^{-1}\| = \|\rho\|_{cb} \leq 2 + 2/\sqrt{3}$  such that  $L^{-1}\rho(\cdot)L$  is a unital contractive homomorphism. Thus  $X$  is a spectral set for  $L^{-1}AL$ . According to a deep result due to Agler [1],  $X$  is in fact a complete spectral set for  $L^{-1}AL$ . Therefore, as a consequence of Arveson's extension theorem (see [14, Corollary 7.8]),  $L^{-1}AL$  has a normal dilation with spectrum included in  $\partial X$ , as claimed in Corollary 1.4.  $\square$

*Remark 4.3.* The analogue of Agler's theorem is not true for triply connected domains (see [8]).

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